

Cheat Sheet

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DAILY

- Wipe Off CPAP mask with warm damp cloth
- Empty and set out water chamber to dry
- Drain excess water from tubing and hang dry

WEEKLY

- Soak mask, headgear, tubing and water chamber in warm soapy water for 30 minutes

MONTHLY

- Rinse out filter with warm water
- Wipe down machine as needed

- Tube wraps are available to prevent excessive condensation in tubing
- Mask wipes are available for easy morning cleaning

*Helpful
Accessories*

Tips

- 1) Best soaps for cleaning: Ivory or Dove dish soap or mild baby soaps.
- 2) Soak your new mask and headgear in warm soapy water for 45-60 minutes before first use.
- 3) If you are experiencing a redness or irritation on the bridge of your nose, try adjusting your mask, if that does not help you can use mole skin (found at all Liberty stores) and put a small piece on your mask to give a little extra cushion to your nose.
- 4) Always place machine in carrying case when traveling. Make sure your water chamber is completely empty.
- 5) For excessive condensation in tubing, try decreasing humidity or insulating your tubing.

REPLACE MASK
EVERY 6 MONTHS
TUBES EVERY 3

Need new supplies? CALL LIBERTY: 952.920.0460